

# Braiding Sweetgrass

Cut along the dashed lines and pass the cards around the table.

## WARM-UP

1

Which essay or chapter felt like a warm hug when you read it, and where were you when you read it?

Braiding Sweetgrass

## WARM-UP

2

Did this book change how you noticed plants, weather, or small living things in your daily life this week?

Braiding Sweetgrass

## DISCUSSION

3

Kimmerer writes about gifts and gratitude as a way of living. What is one small everyday thing you have felt more thankful for since starting the book?

Braiding Sweetgrass

## DISCUSSION

4

The idea of reciprocity, giving back to what gives to us, runs through the book. How does that idea sit with you in your own home, garden, or neighborhood?

Braiding Sweetgrass

## DISCUSSION

5

Which of Kimmerer's stories about her daughters, her garden, or her teaching reminded you of someone in your own family?

Braiding Sweetgrass

## DISCUSSION

6

She braids together science and Indigenous knowledge so tenderly. Which pairing of the two moved you most, and why do you think it landed?

Braiding Sweetgrass

## DEEP

7

Was there a passage that quietly unsettled you or made you want to change something, even in a small way? What feeling did it leave behind?

Braiding Sweetgrass

## DEEP

8

If you could carry just one teaching from this book into the rest of your year like a pocket stone, which would you choose and why?

Braiding Sweetgrass