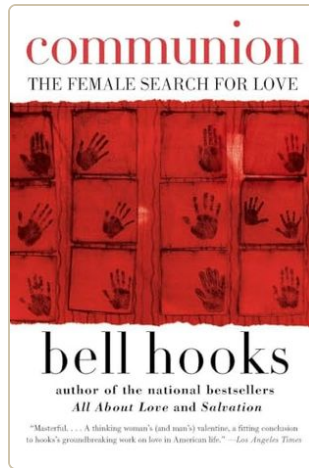


BOOK CLUB NIGHT KIT



Communion

bell hooks

🌙 COZY NIGHT

A warm, wise invitation from bell hooks to rethink how women give and receive love, this slim book reads like a heartfelt conversation with a trusted friend.

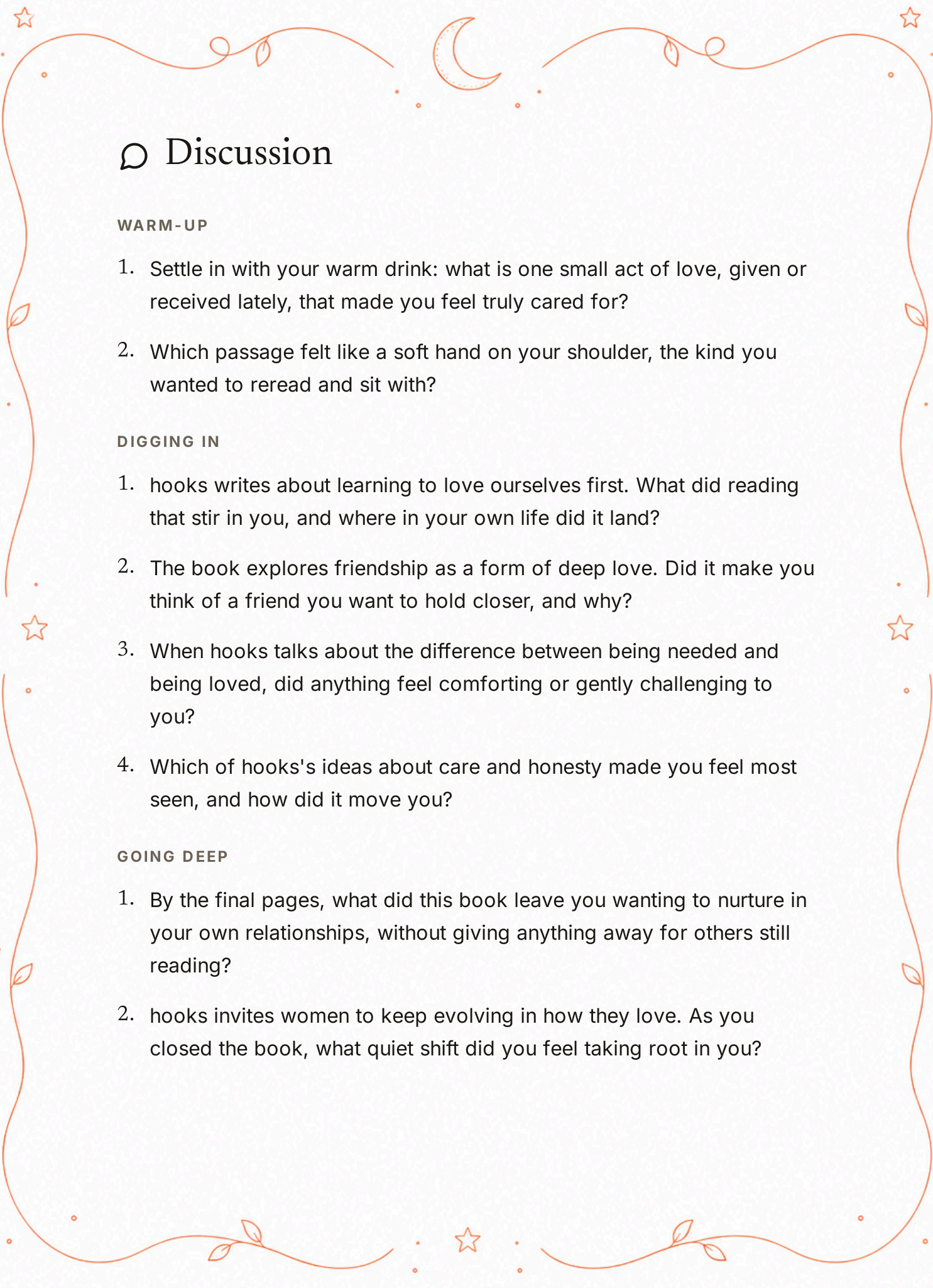
Come Share Some Love and a Warm Bowl

Join us for a cozy evening of soup, cocoa, and heartfelt talk about bell hooks's *Communion*. Bring your softest sweater and an open heart.

Reading level: Moderate

Best for: A close-knit club that loves heart-to-heart talks and gentle self-reflection over cozy nights in





Discussion

WARM-UP

1. Settle in with your warm drink: what is one small act of love, given or received lately, that made you feel truly cared for?
2. Which passage felt like a soft hand on your shoulder, the kind you wanted to reread and sit with?

DIGGING IN

1. hooks writes about learning to love ourselves first. What did reading that stir in you, and where in your own life did it land?
2. The book explores friendship as a form of deep love. Did it make you think of a friend you want to hold closer, and why?
3. When hooks talks about the difference between being needed and being loved, did anything feel comforting or gently challenging to you?
4. Which of hooks's ideas about care and honesty made you feel most seen, and how did it move you?

GOING DEEP

1. By the final pages, what did this book leave you wanting to nurture in your own relationships, without giving anything away for others still reading?
2. hooks invites women to keep evolving in how they love. As you closed the book, what quiet shift did you feel taking root in you?

On the table & to sip

TO EAT



Slow-simmered vegetable and bean soup

A nourishing, tend-to-yourself bowl that mirrors the book's message of care and self-love



Warm cornbread with honey butter

Comfort rooted in the Southern kitchen traditions of hooks's Kentucky upbringing



Fresh-baked oatmeal cookies

Homey, shareable, and a little indulgent, perfect for passing around a circle of friends

TO SIP



Honey-chamomile tea (no alcohol)

Soft, soothing, and made for slow, open-hearted conversation



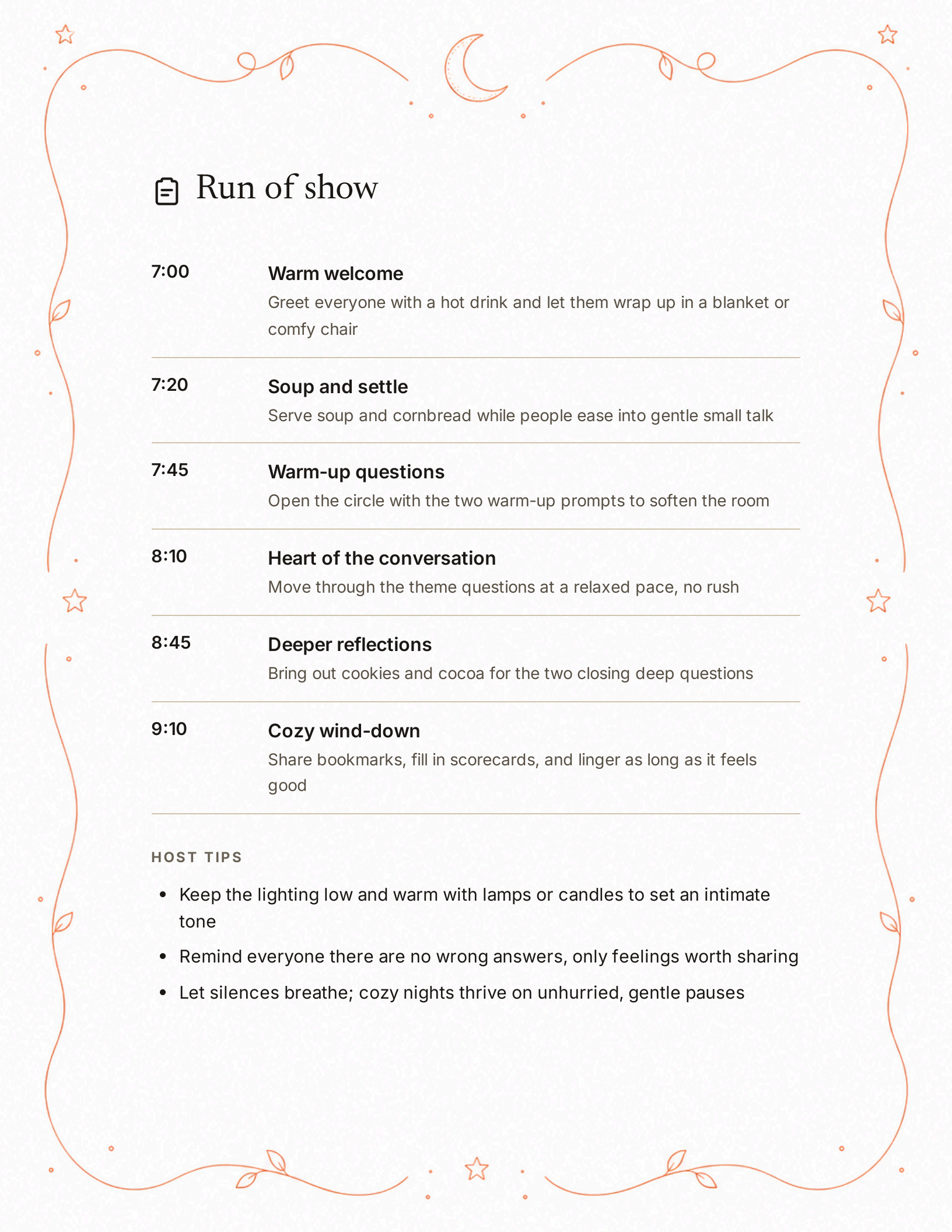
Spiced hot cocoa (no alcohol)

A cup of pure comfort to hold while you share and listen



Mulled red wine

Warm and gently spiced, a mellow companion for a relaxed evening

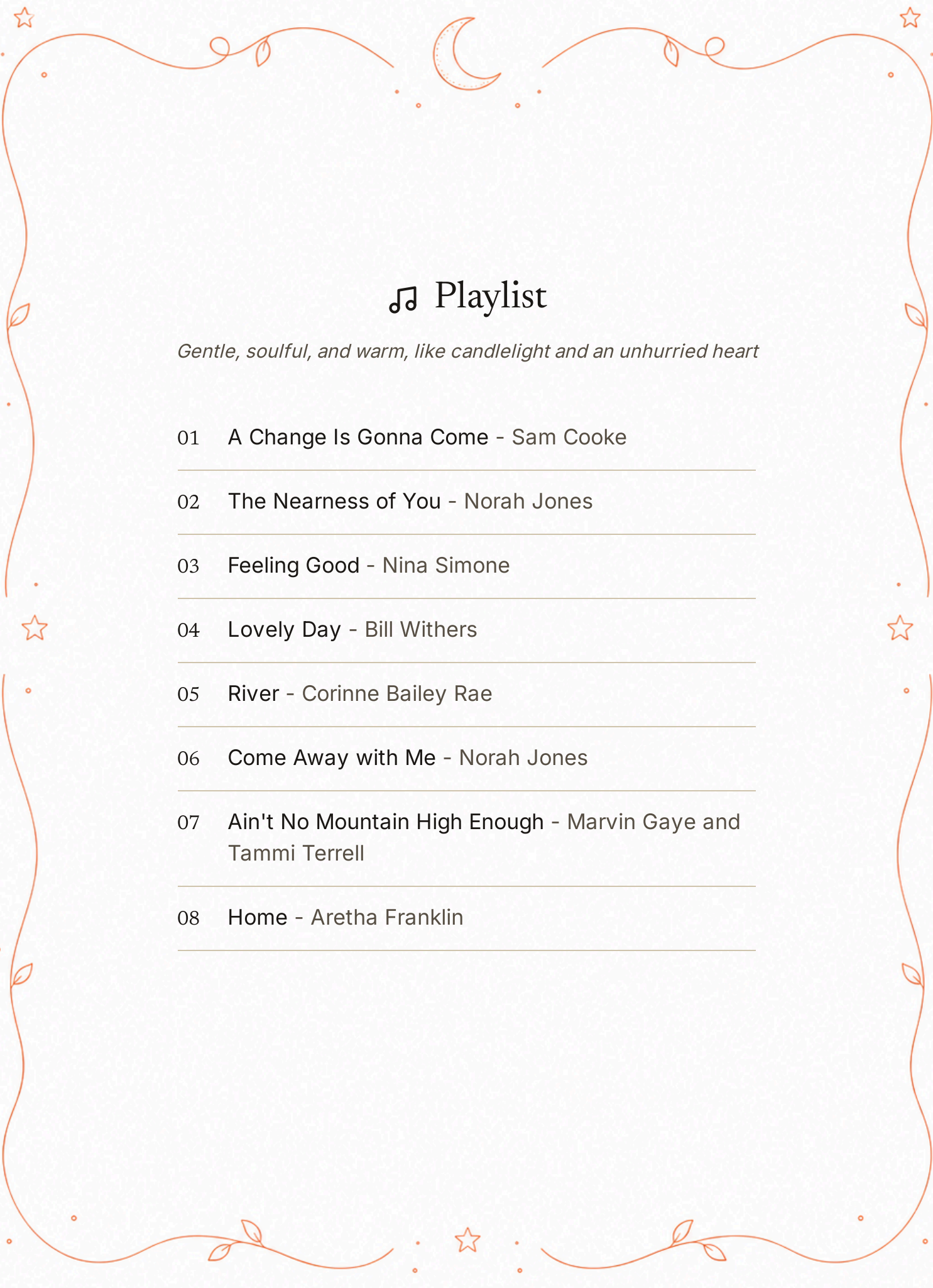


Run of show

7:00	Warm welcome Greet everyone with a hot drink and let them wrap up in a blanket or comfy chair
7:20	Soup and settle Serve soup and cornbread while people ease into gentle small talk
7:45	Warm-up questions Open the circle with the two warm-up prompts to soften the room
8:10	Heart of the conversation Move through the theme questions at a relaxed pace, no rush
8:45	Deeper reflections Bring out cookies and cocoa for the two closing deep questions
9:10	Cozy wind-down Share bookmarks, fill in scorecards, and linger as long as it feels good

HOST TIPS

- Keep the lighting low and warm with lamps or candles to set an intimate tone
- Remind everyone there are no wrong answers, only feelings worth sharing
- Let silences breathe; cozy nights thrive on unhurried, gentle pauses



🎵 Playlist

Gentle, soulful, and warm, like candlelight and an unhurried heart

01 A Change Is Gonna Come - Sam Cooke

02 The Nearness of You - Norah Jones

03 Feeling Good - Nina Simone

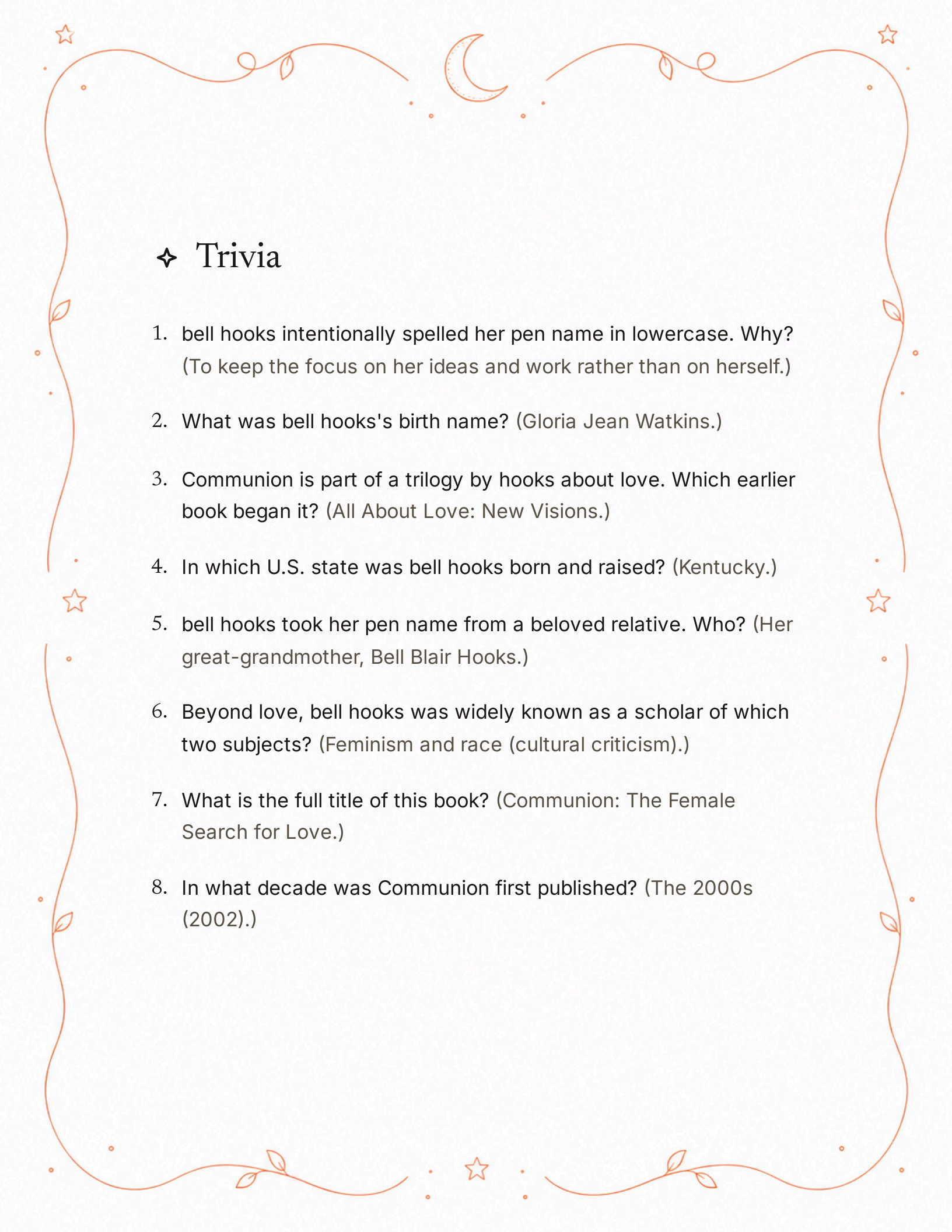
04 Lovely Day - Bill Withers

05 River - Corinne Bailey Rae

06 Come Away with Me - Norah Jones

07 Ain't No Mountain High Enough - Marvin Gaye and
Tammi Terrell

08 Home - Aretha Franklin



✧ Trivia

1. bell hooks intentionally spelled her pen name in lowercase. Why? (To keep the focus on her ideas and work rather than on herself.)
2. What was bell hooks's birth name? (Gloria Jean Watkins.)
3. Communion is part of a trilogy by hooks about love. Which earlier book began it? (All About Love: New Visions.)
4. In which U.S. state was bell hooks born and raised? (Kentucky.)
5. bell hooks took her pen name from a beloved relative. Who? (Her great-grandmother, Bell Blair Hooks.)
6. Beyond love, bell hooks was widely known as a scholar of which two subjects? (Feminism and race (cultural criticism).)
7. What is the full title of this book? (Communion: The Female Search for Love.)
8. In what decade was Communion first published? (The 2000s (2002).)

📖 Bookmarks

Print, cut, and tuck one at every seat, a small keepsake from the night.



☆ Rate the book

Comfort factor ☆ ☆ ☆ ☆ ☆

How much it moved me ☆ ☆ ☆ ☆ ☆

Warmth of ideas ☆ ☆ ☆ ☆ ☆

Made me reflect ☆ ☆ ☆ ☆ ☆

Would share with a friend ☆ ☆ ☆ ☆ ☆

One word for how this book made me feel: _____

A line I want to carry with me: _____

One person I want to love better after reading this: _____

THAT'S A WRAP

Thank you for coming

We hope the company was good and the conversation even better. Until the next chapter.



Plan your own book club night
Scan the code or visit **bookclubnight.com**
Book Club Night