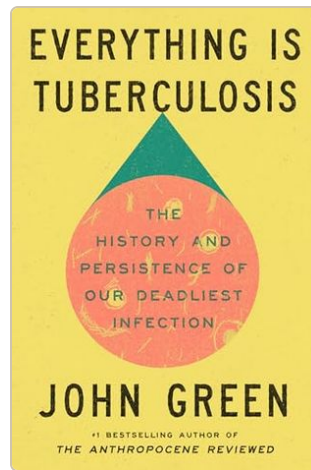


BOOK CLUB NIGHT KIT



Everything Is Tuberculosis

John Green

🌙 COZY NIGHT

John Green tells the story of tuberculosis, humanity's deadliest infectious disease, through history and through one young patient he met in Sierra Leone. It is a tender, surprisingly hopeful book that leaves you feeling connected to people across centuries and continents.

Blankets, Bowls, and a Book That Holds Your Heart

Join us for a cozy evening of warm stew, steaming mugs, and gentle conversation about John Green's *Everything Is Tuberculosis*. Bring your slippers and your feelings.

Reading level: Moderate

Best for: Clubs that love heartfelt nonfiction and don't mind a gentle cry over a warm mug





Discussion

WARM-UP

1. Before you started this book, what did the word 'tuberculosis' bring to mind for you, and did anyone in your family ever have a story about it?
2. John Green writes as if he's sitting right next to you. Where were you curled up while reading, and did his voice ever make you feel like you had company?

DIGGING IN

1. Henry's story runs through the book. How did getting to know one person change the way the bigger history felt to you?
2. The book shows many people caring for the sick, from families to nurses to strangers. Was there a moment of care that stayed with you, and did it remind you of someone who once looked after you?
3. For a long time people romanticized TB as a beautiful or artistic illness. How did it feel to read about that, and have you ever seen suffering made to seem prettier than it really is?
4. Green is open about his own anxieties and fears around illness. Did his honesty comfort you, and did it make it easier to think about your own worries?

GOING DEEP

1. The book shows that a curable disease still takes so many lives. Where did you feel heartbreak while reading, and where, if anywhere, did you find hope?
2. When you closed the book, did you want to do anything differently, whether that's how you care for people, what you pay attention to, or how you think about strangers far away?

🍵 On the table & to sip

TO EAT

🍲 Groundnut Stew with Rice

A warm, hearty peanut stew loved across West Africa, including Sierra Leone, where Green met Henry. It's filling comfort food, easy to make ahead and ladle into bowls.

🍲 Rest-Cure Rice Pudding

A creamy baked rice pudding with cinnamon and nutmeg, a nod to the milk-rich meals served at old sanatoriums. Soothing, a little indulgent, and easy to pass around.

🍞 Warm Bread with Honey Butter

Crusty bread or soft rolls with whipped honey butter, the simple, nurturing food you bring someone who needs looking after. Store-bought bread is fine.

TO SIP

🍵 Ginger Honey Lemon Tea (no alcohol)

The classic comfort-when-you're-unwell mug. Fresh ginger, lemon, and honey, served steaming in a big pot.

🍵 Warm Spiced Milk (no alcohol)

Gently heated milk (or oat milk) with cinnamon, cardamom, and a touch of vanilla, in honor of the fresh-air-and-milk sanatorium cures. Like a hug in a cup.

🍵 Classic Hot Toddy

Whiskey, honey, lemon, and hot water, the old-fashioned remedy for coughs and chills. Offer it on the side for anyone who wants it.



Run of show

7:00

Welcome and Warm Mugs

Hand out tea or spiced milk at the door, put the playlist on low, and pass around blankets.

7:15

Stew and Settling In

Serve the groundnut stew and bread buffet-style. Keep chat casual and catch up on each other's weeks.

7:40

Warm-Up Circle

Go around with the two warm-up questions. Anyone can pass, and short answers are welcome.

8:00

Heart-to-Heart Discussion

Move into the theme and deep questions. Leave space for quiet moments and personal stories.

8:40

Pudding and Trivia

Bring out the rice pudding and toddies and play a gentle, no-stakes round of trivia in teams.

9:00

Bookmarks and Goodbyes

Hand out bookmarks, fill in scorecards together, and invite people to share one thing they're taking home.

HOST TIPS

- Some guests may have personal or family experiences with illness. Say at the start that sharing is always optional and passing is completely fine.
- Make the stew and pudding a day ahead so you can relax with your guests instead of cooking.
- Keep tissues nearby without fuss. This book moves people, and a little tearing up is part of a cozy night.



🎵 Playlist

Soft, acoustic, and gently hopeful, the kind of music for a rainy evening with people you love

01 This Year - The Mountain Goats

02 Holocene - Bon Iver

03 Keep Breathing - Ingrid Michaelson

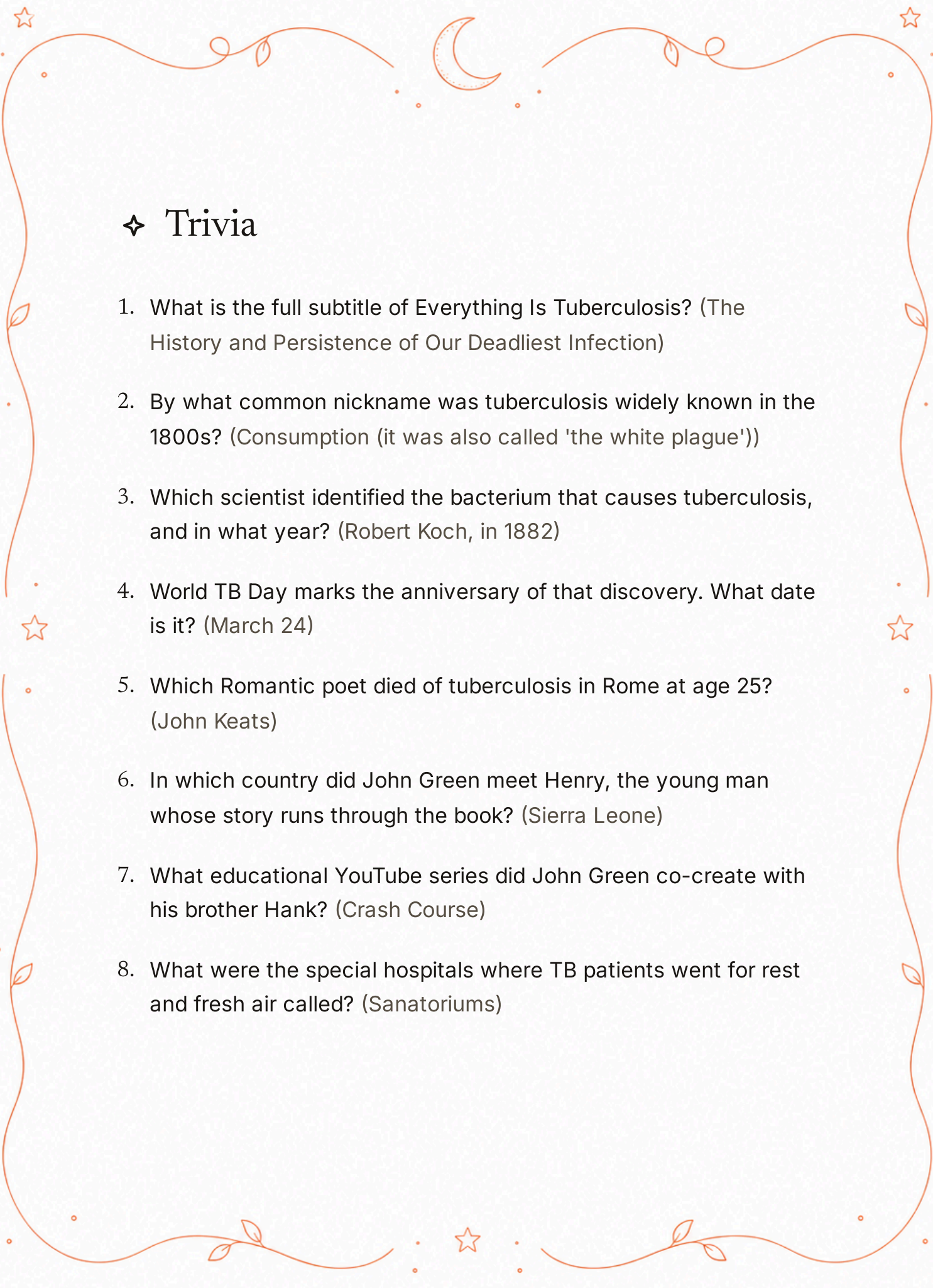
04 Harvest Moon - Neil Young

05 Rivers and Roads - The Head and the Heart

06 To Build a Home - The Cinematic Orchestra

07 Lean on Me - Bill Withers

08 Here Comes the Sun - The Beatles

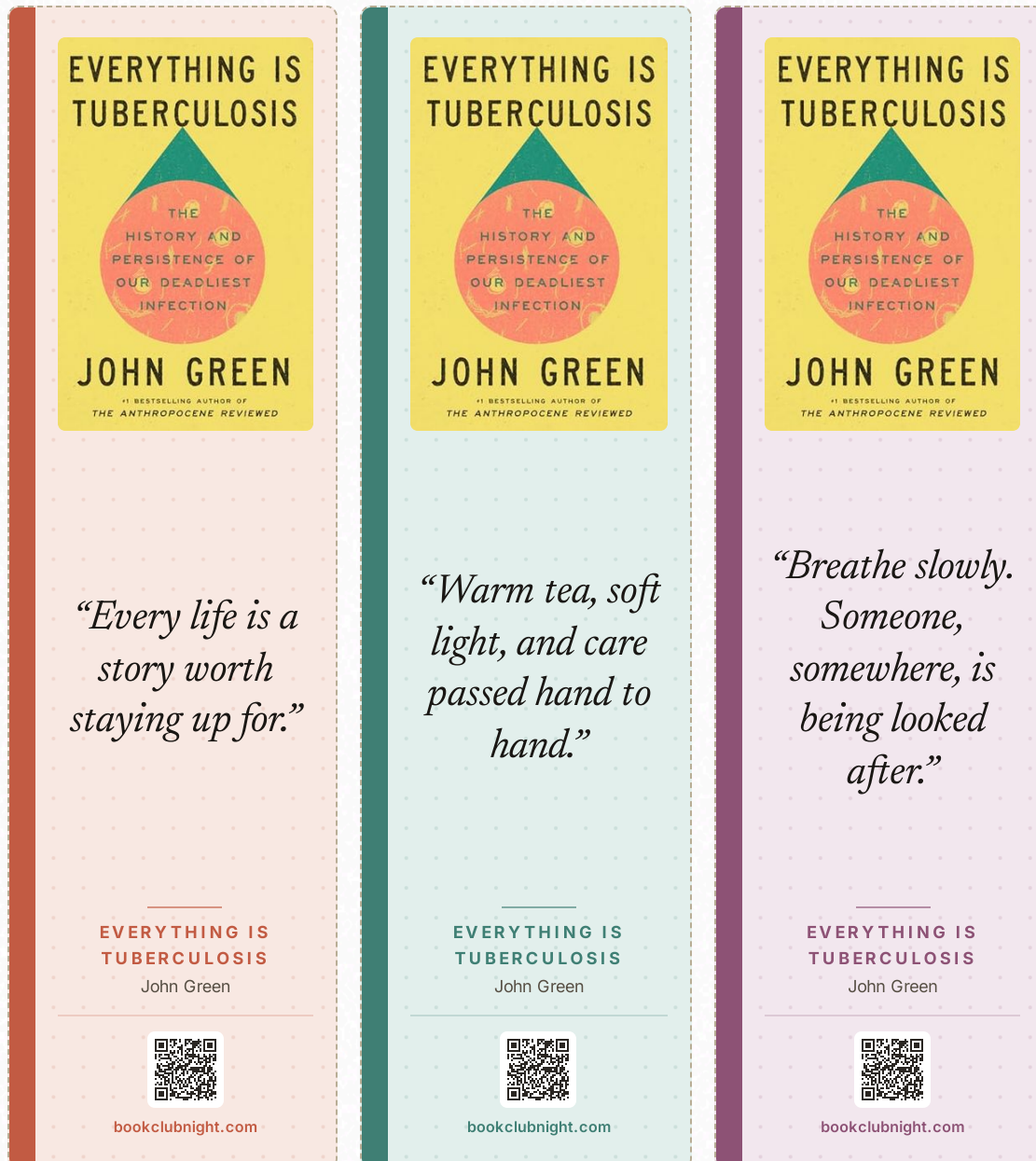


✧ Trivia

1. What is the full subtitle of Everything Is Tuberculosis? (The History and Persistence of Our Deadliest Infection)
2. By what common nickname was tuberculosis widely known in the 1800s? (Consumption (it was also called 'the white plague'))
3. Which scientist identified the bacterium that causes tuberculosis, and in what year? (Robert Koch, in 1882)
4. World TB Day marks the anniversary of that discovery. What date is it? (March 24)
5. Which Romantic poet died of tuberculosis in Rome at age 25? (John Keats)
6. In which country did John Green meet Henry, the young man whose story runs through the book? (Sierra Leone)
7. What educational YouTube series did John Green co-create with his brother Hank? (Crash Course)
8. What were the special hospitals where TB patients went for rest and fresh air called? (Sanatoriums)

📖 Bookmarks

Print, cut, and tuck one at every seat, a small keepsake from the night.



☆ Rate the book

Heart-Tug Factor

☆ ☆ ☆ ☆ ☆

Coziness of Green's Voice

☆ ☆ ☆ ☆ ☆

Hope Level

☆ ☆ ☆ ☆ ☆

Tissues Needed

☆ ☆ ☆ ☆ ☆

Would Press Into a Friend's Hands

☆ ☆ ☆ ☆ ☆

One word for how this book made me feel: _____

The moment I wanted to reach through the page and help:

After reading, I want to be a little more: _____

THAT'S A WRAP

Thank you for coming

We hope the company was good and the conversation even better. Until the next chapter.



Plan your own book club night

Scan the code or visit **bookclubnight.com**

Book Club Night