

Helpless

Cut along the dashed lines and pass the cards around the table.

WARM-UP

1

Settle in with your warm drink and tell us: where were you when this book really grabbed you, and did you read it curled up somewhere cozy or on the edge of your seat?

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WARM-UP

2

Was there a small, quiet moment in the story that comforted you or made you exhale, even amid the tension?

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DISCUSSION

3

The title hints at feeling powerless. When did the story make you ache for a character, and did any part of it remind you of a time you longed to protect someone?

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DISCUSSION

4

Knoll writes women with real interior lives. Which character felt most like someone you would want to sit beside and comfort, and why?

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DISCUSSION

5

This book sits with vulnerability and trust. How did reading it make you feel about who we choose to lean on, and did it soften or stir anything in you?

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DISCUSSION

6

Was there a passage that moved you enough to reread it or press a hand to your chest? Share what it stirred up for you.

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DEEP

7

By the final pages, how did the story leave you feeling emotionally (unsettled, tender, hopeful, raw), and did that feeling surprise you?

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DEEP

8

Without giving anything away, what did this book gently teach you about strength, and is there someone you thought of while reading it?

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