

BOOK CLUB NIGHT KIT



The Measure

Nikki Erlick

COZY NIGHT

A quietly profound novel about what happens when every adult receives a string revealing the length of their life, and how ordinary people choose to live in its shadow.

An Evening of Soup, Strings, and Soft Conversation

Come curl up for a cozy night discussing *The Measure* by Nikki Erlick. Bring your slippers and an open heart. Blankets, mugs, and crumble provided.

Reading level: Easy

Best for: a club that loves heartfelt stories that linger after the last page





Discussion

WARM-UP

1. Settle in with your blanket and tea. What was the moment in this book where you felt most cozy, comforted, or quietly moved?
2. Before opening your string, would you peek? Be honest. What does your gut say, and what does your heart say?

DIGGING IN

1. Whose storyline wrapped itself around your heart the most, and what about them felt familiar or dear to you?
2. The book lingers on small, everyday tenderness (a shared meal, a hand held, a letter written). What small moments in your own life have felt unexpectedly precious?
3. How did reading this change the way you noticed the people you love this week? Any phone calls made, hugs given, or messages sent?
4. The story explores how communities respond to uncertainty together. When has a community or group of friends been a source of comfort for you during something hard?

GOING DEEP

1. Without giving anything away, was there a character whose journey gave you a sense of peace by the end? What did they teach you about living well?
2. If you had a quiet evening to write a letter to someone you love, the way characters in this book grapple with what to say, who would you write to, and what feeling would you want them to hold onto?

On the table & to sip

TO EAT

Slow-simmered tomato soup with grilled cheese triangles

Pure comfort, the kind of meal you make when you want to feel held. Fits the book's tenderness toward everyday life.

Warm rosemary focaccia with olive oil for dipping

Nods to Nina and Maura's shared moments and the Italian warmth threaded through the story. Easy to tear and share around the couch.

Apple cinnamon crumble with vanilla ice cream

A nostalgic dessert that feels like a gentle hug. Perfect for a book about savoring time.

TO SIP

Honey chamomile tea with lemon (no alcohol)

Soothing, slow-sipping, and just right for heart-to-heart conversation.

Mulled red wine with orange peel and cloves

Warm, spiced, and a little indulgent for a reflective night in.

Spiked or unspiked hot apple cider

Set out a pot with optional bourbon on the side so everyone can choose their own coziness level.



Run of show

7:00

Soft arrivals

Door unlocked, candles lit, playlist humming. Greet everyone with a warm mug as they come in.

7:15

Settle and snack

Gather around the soup and bread. Let people graze and chat freely while everyone arrives.

7:35

Warm-up questions

Move to the cozy seats with blankets. Start with the two warm-up prompts to ease in.

7:55

Heart of the conversation

Work through the theme questions slowly. No need to cover them all, follow the energy of the group.

8:40

Dessert and deeper reflection

Bring out the crumble and pour fresh tea. Move into the two deeper questions while everyone is sweetened up.

9:10

Trivia, scorecards, and goodbyes

Light trivia round, fill out scorecards together, hand out bookmarks, and send everyone home with leftovers.

HOST TIPS

- Keep the lighting low and layered (lamps, candles, fairy lights). It signals that this is a slow, gentle evening.
- Have extra blankets and thick socks in a basket by the door. People sink into the conversation when they're physically comfortable.
- Let silences breathe. This book stirs up big feelings, and a pause often invites the most honest sharing.



🎵 Playlist

soft, wistful folk and acoustic warmth for candlelight conversation

- 01 The Night We Met - Lord Huron

- 02 Landslide - Fleetwood Mac

- 03 Saturn - Sleeping At Last

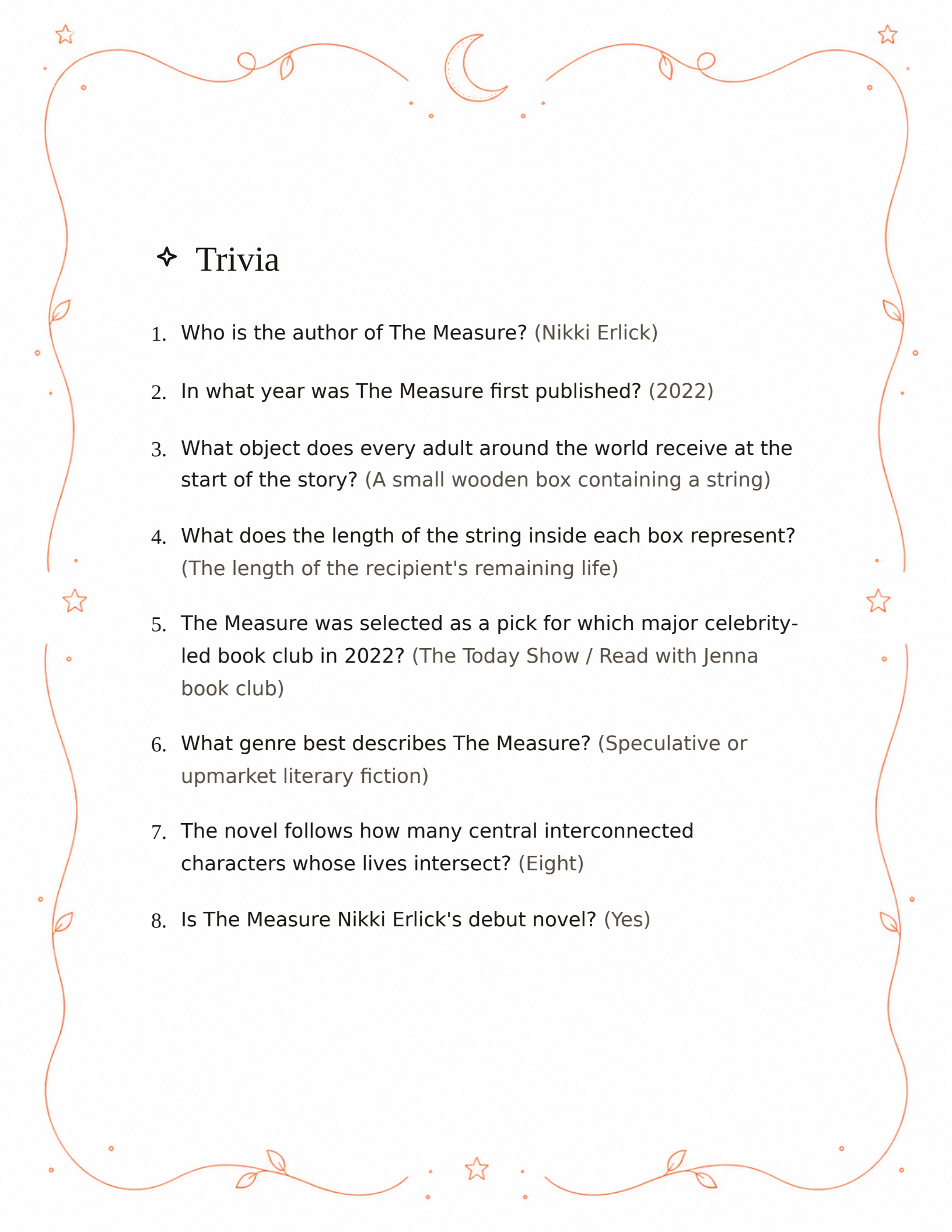
- 04 Holocene - Bon Iver

- 05 First Day of My Life - Bright Eyes

- 06 To Build a Home - The Cinematic Orchestra

- 07 Vincent - Don McLean

- 08 Wildflowers - Tom Petty



✧ Trivia

1. Who is the author of The Measure? (Nikki Erlick)
2. In what year was The Measure first published? (2022)
3. What object does every adult around the world receive at the start of the story? (A small wooden box containing a string)
4. What does the length of the string inside each box represent? (The length of the recipient's remaining life)
5. The Measure was selected as a pick for which major celebrity-led book club in 2022? (The Today Show / Read with Jenna book club)
6. What genre best describes The Measure? (Speculative or upmarket literary fiction)
7. The novel follows how many central interconnected characters whose lives intersect? (Eight)
8. Is The Measure Nikki Erlick's debut novel? (Yes)

📖 Bookmarks

Print, cut, and tuck one at every seat, a small keepsake from the night.



☆ Rate the book

Coziness factor

☆ ☆ ☆ ☆ ☆

Emotional warmth

☆ ☆ ☆ ☆ ☆

Characters you'd hug

☆ ☆ ☆ ☆ ☆

Made me call someone

☆ ☆ ☆ ☆ ☆

Reread by the fireplace?

☆ ☆ ☆ ☆ ☆

One feeling this book left me with: _____

A person I thought about while reading: _____

A small thing I want to savor more often: _____

THAT'S A WRAP

Thank you for coming

We hope the company was good and the conversation
even better. Until the next chapter.



Plan your own book club night

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Book Club Night