

What To Cook When You Don't Feel Like Cooking: Make It Fast

Cut along the dashed lines and pass the cards around the table.

WARM-UP

1

What's your go-to meal on a night when you're too tired to cook, and who taught you to make it (or did you figure it out yourself)?

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WARM-UP

2

Which recipe in the book made you think 'I could actually make that tonight,' and did you?

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DISCUSSION

3

How did it feel to read a cookbook that openly admits some nights you just don't want to cook? Did that take any pressure off?

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DISCUSSION

4

Which recipe or tip felt most like a kind friend in the kitchen, and what made it feel that way?

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DISCUSSION

5

Is there a dish from this book that reminded you of a meal someone once made to take care of you?

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DISCUSSION

6

The book is all about fast cooking. When has a quick, simple meal comforted you more than something fancy ever could?

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DEEP

7

How has your relationship with cooking changed over the years (through busy seasons, new homes, or new people at your table), and did this book meet you where you are right now?

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DEEP

8

If you could give one recipe from this book to someone going through a hard or hectic stretch, which would you pick and what would you want it to tell them?

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